

*East Central Kansas Economic Opportunity Corporation
Community Action Agency (ECKAN)
2020-21 Head Start Program Annual Report*



ECKAN Head Start:

Serving Pregnant Women and Children, Ages Birth to Five Years

1320 S. Ash St. PO Box 40

Ottawa, Kansas 66067

(800) 242-7450

ECKAN CEO: Crystal Anderson

Head Start Director: Clara Cox

ECKAN's Mission:

To build connections and provide program services in East Central Kansas to support the stability, health, and engagement of low-income individuals and families.

ECKAN's Vision:

Taking intentional actions to show others we care.

Our Head Start Parent, Family, Community Engagement (PFCE) Outcomes:

- Family Well-Being
- Positive Parent-Child Relationships
- Families as Lifelong Educators
- Families as Learners
- Family Engagement in Transitions
- Family Connections to Peers and Community
- Families as Advocates and Leaders

Our Locations and Options to Serve 406 Children:

-ECKAN served 300 children through **Head Start** (ages 3 to 5) **center-based services** in 14 classrooms throughout the service area, including Anderson, Douglas, Franklin, Lyon and Miami Counties, with a variety of times to fit families' needs, ranging from 6 to 10 hours each weekday.

-ECKAN, provided **home-based Head Start services** for 23 preschool-aged children throughout Coffey, Lyon, and Osage Counties.

-**Early Head Start center-based services** were provided through family childcare homes and community childcare centers for 41 infants and toddlers in Emporia, 21 in Lawrence, and 12 in Ottawa. ECKAN also provided **Early Head Start home-based services** in the above counties for **126** pregnant women, infants, and toddlers.

- Anderson County Head Start Center, 707 Queens Highway, Garnett 66032 (785) 448-2815
- Osawatomie Head Start Classroom, 1901 Parker, Osawatomie 66064 (913) 755-2018
- Ottawa Head Start Center, 225 E 2nd St., Ottawa 66067 (785) 242-4405
- Paola Head Start Classroom, 110 E Peoria St, Paola 66071 (913) 294-4880
- Emporia Head Start Center, 1130 Scott St, Emporia 66801 (620) 343-3270
- Lawrence Head Start Classrooms at Plymouth UCC, 925 Vermont, Lawrence 66044 (785) 842-2515
- Lyon County Early Head Start Office, 215 W. 6th Ave., Emporia 66801 (620)342-2304
- Franklin County Early Head Start Office, 1320 S. Ash St., Ottawa 66067 (785) 242-7450
- Coffey County EHS/HS Home-Based Office, 409 Neosho, Burlington 66839 (620) 203-0778
- Miami County EHS Home-Based Office, 110 E. Peoria, Paola 66071 (913) 294-4880
- Douglas County Early Head Start Office, 2518 Ridge Court, Lawrence 66046 (785) 727-8352
- Osage County EHS/HS Home-Based Office, 528 Market Street, Osage City 66523 (785) 528-5184
- Anderson County EHS Home-Based Office, 707 Queens Highway, Garnett (785) 448-2815
- USD #252 Neosho Rapids Partnership Classroom (Early Learning Community Grant) - (620) 392-5519

School Readiness Goals:

DOMAIN: PHYSICAL DEVELOPMENT & HEALTH

A. Physical Health Status

The maintenance of healthy and age-appropriate physical well-being.

B. Health Knowledge and Practice

The understanding of healthy and safe habits, and practicing healthy habits.

C. Gross Motor Skills

The control of large muscles for movement, navigation, and balance.

D. Fine Motor Skills

The control of small muscles for such purposes as using utensils, self-care, building, and exploring.

DOMAIN: SOCIAL & EMOTIONAL DEVELOPMENT

A) Social Relationships

The healthy relationships and interactions with adults and peers.

B) Self-Concept & Self-Efficacy

The perception that one is capable of successfully making decisions, accomplishing tasks, and meeting goals.

C) Self-Regulation

The ability to recognize and regulate emotions, attention, impulses, and behavior.

D) Emotional & Behavioral Health

A healthy range of emotional expression and learning positive alternatives to aggressive or isolating behaviors.

DOMAIN: APPROACHES TO LEARNING

A) Initiative & Curiosity

An interest in varied topics and activities, desire to learn, creativeness, and independence in learning.

B) Persistence & Attentiveness

The ability to begin and finish activities with persistence and attention.

C) Cooperation

An interest and engagement in group experience.

DOMAIN: LANGUAGE DEVELOPMENT

A) Receptive Language

The ability to comprehend or understand language.

B) Expressive Language

The ability to use language.

DOMAIN: LITERACY KNOWLEDGE & SKILLS

A) Book Appreciation and Knowledge

The interest in books and their characteristics, and the ability to understand and get meaning from stories and information from books and other texts.

B) Phonological Awareness

An awareness that language can be broken into words, syllables, and smaller pieces of sound.

C) Alphabet Knowledge

The names and sounds associated with letters.

D) Print Concepts & Conventions

The concepts about print and early decoding (identifying letter-sound relationships).

E) Early Writing

The familiarity with writing implements, conventions, and emerging skills to communicate through written representations, symbols, and letters.

DOMAIN: ENGLISH LANGUAGE DEVELOPMENT

A) Receptive English Language Skills: The ability to comprehend or understand the English language.

B) Expressive English Language Skills: The ability to speak or use English.

C) Engagement in English Literacy Activities: Understanding and responding to books, storytelling, and songs presented in English.

“Our lives begin to end the day we become silent about things that matter.”

-Martin Luther King, Jr.

School Readiness Goals - continued:

DOMAIN: MATHEMATICS KNOWLEDGE & SKILLS

A) Number Concepts & Quantities

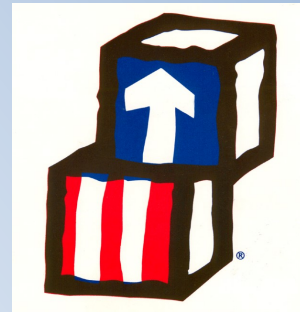
The understanding that numbers represent quantities and have ordinal properties (number words represent a rank order, particular size, or position in a list).

B) Number Relationships & Operations

The use of numbers to describe relationships and solve problems.

C) Geometry & Spatial Sense

The understanding of shapes, their properties, and family and community.



“No great thing is created suddenly.”

-Epictetus in Discourses



“Education should not be the filling of a pail, but the lighting of a fire.”

-William Butler Yeats

Head Start Strategic Plan updates 2019-24:

Goals were updated from the following strengths and needs identified in the 2019-20 Self-Assessment.

Some Strengths Identified

- **Head Start Early Learning Outcomes:**

1. Practice-Based Coaching was implemented in the HS center-based program option, resulting in increased child outcomes.
2. Children met desired outcomes and were “on-track” to school readiness.
3. CLASS scores averaged across ECKAN were higher than the average scores across the nation.
4. The program has excellent facilities, playgrounds, and an abundance of materials were available for children’s learning.
5. Research-based curriculum and assessment is used in all children’s educational settings across all program options.

- **PFCE Framework:**

1. Nearly all parents who responded to the parent survey reported an increased understanding in nutrition, parenting, and teaching strategies for their children and families.
2. Most of the parents met the goals they set through the family partnership process offered to all families.
3. Community partnerships continue to be increased and improved to meet community needs.
4. The program adapted classrooms and services to continue serving children and families during the pandemic.
5. ECKAN Head Start continues to maintain high-quality childcare partnerships in Douglas, Franklin, and Lyon Counties.

- **Program Design and Management:**

1. Consistent staff meetings have been held throughout the program, with content documented and shared.
2. Governing Body and Policy Council representatives reported they received all required reports and additional info.
3. A Federal Review conducted in March 2020 identified no areas of concern.
4. Each Head Start classroom continues to have at least 2.5 staff in each classroom of 18 to 20 children.
5. Family Services staff participated in a family development credential process and obtained required credentials.

Needs

- **Child Outcomes:**

1. Improve school readiness scores in the areas of math and science.
2. Improve CLASS scores in the areas of concept development and quality of feedback.

- **Parent Outcomes:**

1. Identify specific PFCE outcomes to be measured as part of the grant process.
2. Improve documentation of PFCE outcomes.

- **Community Partnerships:**

1. Develop additional childcare provider partnerships throughout the service area.
2. Improve program presence at appropriate meetings and through social media in all communities.

- **Program Design and Management:**

1. Need improved mental health services for all children, families, and staff members.
2. Need to improve the overall staff orientation process.
3. Need to recruit reliable staff for several staff positions.

All areas are being addressed and goals are set in the Head Start Strategic plan, which can be viewed on www.eckan.org.

*“The family is one of
nature’s masterpieces.”*

George Santayana



Program Highlights:

2020-21 PIR (Program Information Report) Data:

	<u>Head Start (HS)</u>	<u>Early Head Start (EHS)</u>
Total Number children served:	300	194
Total Number of Pregnant women served:	NA	18
% of children with up-to-date immunizations:	95%	70%
% of children who received a dental exam by a dentist:	68%	52%
% of children with an up-to-date physical:	94%	97%
% of children who received an exam of blood lead level as part of physical:	10%	19%
% of children with health insurance:	99%	94%
% of Children with an IEP (HS) or IFSP (EHS):	17%	7%
% of teachers with a required ECE or related degree:	71%	40%
% of teachers working toward an ECE or related degree:	29%	60%
% of staff (working with families) whom have a related degree, credential or certification:	90%	100%
% of 5 year-olds whom are prepared for kindergarten:	98%	NA
% of children who made progress to meet or exceed their expected development:	100%	100%
% of families that elected to participate in the family partnership agreement process:	93%	85%
% of families who made progress that participated in the family partnership process:	100%	100%



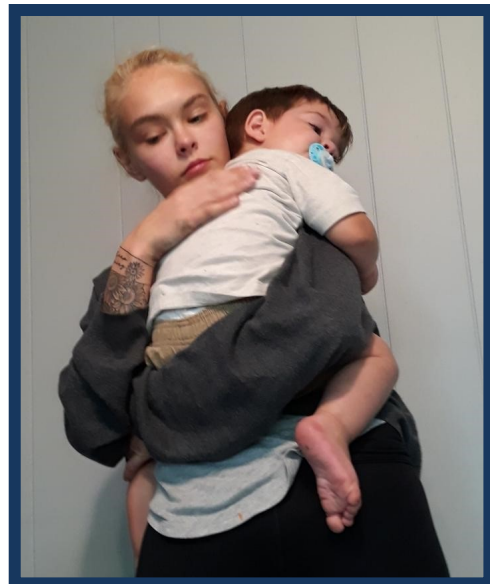
"Play is the highest form of research."

-Albert Einstein

ECKAN Head Start engages parents in a goal-setting process to produce outcomes that support them in their journey to meet their life dreams. Here are some examples from one parent's Family Partnership Portfolio (FPP).

A single mom of one is enrolled in the Franklin County Early Head Start home-based program. She has been living with her parents until she can save enough money to get a place of her own. She has developed a method, where she is drawing pictures each month, separating objects in to sections with dollar amounts (\$1-\$20). As she puts the listed amount into her savings, she colors in a section of the picture. She feels this makes it more fun to help her save money. In the picture on the right, you can see that she was able to save \$209 in September. VERY CREATIVE!

The same mother has a goal to support her child to love learning and increase his literacy skills to become ready for kindergarten. Below is one picture in a book mom and child made of the alphabet, using the child's hand or foot print in each picture. The other picture is of mom holding her child.



"You must work, we must all work, to make the world worthy of its children."

-Pablo Casals

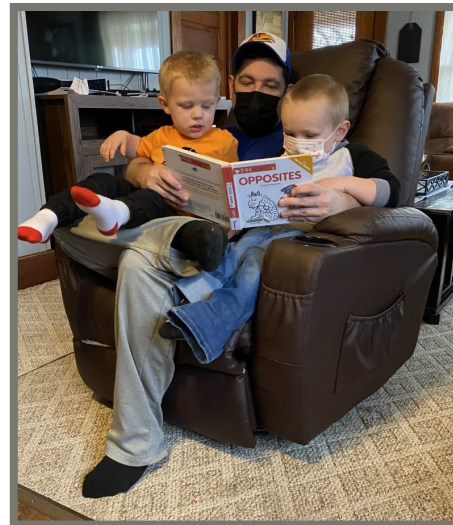
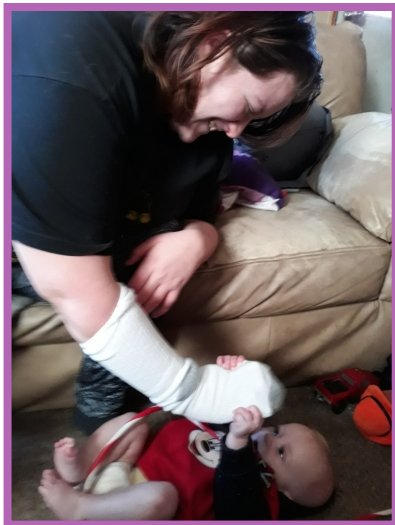
Parent Engagement:

Parents, as their child's most important advocate, are encouraged to be engaged in their child's education. Recognizing that parent engagement is an ongoing process that varies from parent to parent, a variety of opportunities are provided to ensure parent participation. These opportunities include:

- Contributing to their child's individual goal development by the completion of a developmental checklist at the beginning of the year.
- Following through on home activities to help children meet individual goals.
- Providing ideas for implementation of curriculum goals.
- Participation in curriculum goals through home activities.
- Participation in literacy activities.
- Volunteering in the classroom.
- Participating in home visits and parent/teacher conferences throughout the year.
- Ensuring the child attends on a regular basis.
- Communicating with classroom staff regarding home events that may effect the child's classroom performance.
- Participating in Parent events.
- Participating in parent and child activities in the classroom.
- Parents visiting the classroom during mealtime.
- Participating in continuous self-assessment of program.
- Serving on Policy Council.
- Read! Read! Read!
- School Readiness.

Empowering Parents!

The ECKAN program offers parent involvement/parent support activities. Free childcare is provided at all activities as well as a meal or snack.



Parent & Community Support

Head Start needs the support of each child's family and members of the local communities we serve in order to operate each year. Federal grants only fund 80% of the Head Start program; the remaining 20% is obtained locally through "In-Kind." In-Kind is parent and community participation in the form of donated time, services, supplies or funding. Families and other community members have multiple opportunities to participate and contribute towards meeting our goal. They can:

- Work at home with their child to reach targeted goals
- Attend parent meetings/serve as an officer
- Identify needs in the program and provide feedback to the local site
- Serve on Policy Council
- Serve on the Health Advisory Committee
- Help with the program Self-Assessment
- Answer phones or other office duties
- Help with parent information boards
- Be a Classroom Helper
- Other positions needed in the center
- Serve on school readiness committee
- Provide a training or share a skill with children or parents
- Serve as a member on the staff recruitment and screening team
- Assist with recruiting eligible children and families
- Connect with local parent committee members to provide support as needed for other parents to participate in the program
- Serve on a local or regional committee as a Head Start representative
- Participate in parent-teacher home visits/conferences
- Assist with choosing and implementing developmentally appropriate curricula and instructional materials for their child's program
- Assist with planning and implementing socialization activities
- Help arrange and attend training for parents, staff, and community members
- Provide interpretation services for families that speak a language other than English
- Assist with developing a joint family development partnership process with Head Staff
- Learn about and implement strategies for parents to become successful advocates in their communities

Any person who volunteers on a regular basis, will be required to complete a background check and TB skin test.

We cannot pretend to work for the best interests of children while ignoring the needs of their parents.

-Joyce L. Frett

Parent, Family, and Community Engagement Framework (PFCE):

- Family Well-Being
- Positive Parent Child-Relationships
- Families as lifelong Educators
- Families as Learners
- Family Engagement in Transitions
- Family Connections to Peers and Community
- Families as Advocates and Leaders

Other reports that can be viewed on www.eckan.org

- ECKAN Community Needs Assessment
- Head Start Strategic Plan 2019-24
- PIR (Program Indicator Report)



Budgetary Expenditures for Each Program: Head Start/EHS

Head Start budget for the fiscal year: 2020-21

Federal Program 20 (training) - \$29,321

Travel/Training - \$25,845

Contractual - \$0

Supplies - \$1773

Other - \$1,703

Federal Program 22 (program) - \$2,769,558

Additional Reimbursements:

Contributions/Donations - \$7,450

USDA (reimbursement for child food) - \$102,854

Interest - \$26.00

Salaries/Wages - \$1,615,388

Fringe - \$440,959

Travel/Training - \$2,742

Contractual - \$11,709

Supplies - \$99,388

Includes: Classroom and Office Supplies.

Child Services - \$21,339

Food Purchases - \$89,643

Includes: Med/Dental, Food, Mental Health, Parent Services.

Buildings - \$58,725

Includes: Building/Liability Ins., Repairs maintenance, Rent, Mortgage Payment., Telephone, Utilities

Vehicles - \$6,823

Other - \$191,609

Includes Printing and Advertising:

Indirect - \$315,176

Federal EHS Program 25 - (training/program) - \$376,637

Salaries/Wages - \$91,843

Fringe - \$26,800

Travel /Training - \$23,112

Contractual - \$77,963

Includes: Child care providers, Mental Health, Medical and Dental and Parent Services.

Supplies - \$56,656

Includes: Supplies for Home visits and Childcare providers.

Vehicle - \$4,084

Other - \$13,118

Includes: printing and advertising.

Indirect - \$18,586

(Full Audit report can be viewed on www.eckan.org)

(Budgetary Expenditures Continued)

Head Start/Early Head Start

State Early Head Start KS Home Visitation - \$497,933.22

Salaries/Wages - \$258,850

Fringe - \$64,174

Contractual - \$6,729

Buildings - \$25,560

Includes: Rent, Insurance building, liability, repairs and maintenance.

Supplies - \$8,921

Includes: Homebased and Childcare supplies.

Travel - \$8,901

Indirect - \$50,133

Carryover - \$74,655

State Early Head Start KS Child Care Partnership - \$767,647.38

Salaries/Wages - \$207,990

Fringe - \$55,368

Contractual - \$323,586

Buildings - \$19,613

Includes: Rent, Insurance building, liability, repairs and maintenance.

Supplies - \$23,688

Includes: Homebased and Childcare supplies.

Travel - \$5,412

Indirect - \$40,873

Carry Over - \$91,117

Additional Donated dollars or Non-Federal Share all Grants: \$749,349

NFS recorded - \$294,349

***Waiver requested for NFS shortfall - \$455,000**



CARES Act (COVID one-time) Head Start - \$232,005

Salaries/Wages - \$78,673

Fringe - \$7,329

Buildings - \$967

Includes: Rent, Insurance building, liability, repairs and maintenance.

Supplies - \$131,689

Includes: Office, classroom Child food, disinfecting systems for sites

Indirect - \$13,347

CARES Act (COVID one-time) Early Head Start - \$116,881

Contractual - \$20,025

Buildings - \$15,025

Includes: rent insurance, buildings, liability, repairs and maintenance.

Supplies - \$81,832

Includes: Office, classroom, disinfecting system for EHS providers.

Non-Federal Share (In-kind) Waived for CARES Act grants: \$87,222

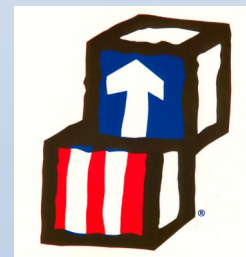
Head Start Monitoring Report:

A CLASS review was conducted of the program's classroom quality in 2015 with no concerns or findings. ECKAN functioned at the medium to high scores in all areas compared to nationwide reviews conducted during the same year.

From April 20, 2020 to April 24, 2020, the Administration for Children and Families (ACF) conducted a Focus Area One (FA1) monitoring review, across all program options and divisions, which revealed no findings or concerns.

Funding Sources for 2020-21 Fiscal year:

- Administration for Children and Families HHS
- US Department of Health and Human Services
- Department of Children and Families (State of Kansas)
- CARES Act
- USDA (Child Care and Adult Food Program)



Results of our March 2020-21 A-133 Audit showed no areas of non-compliance. For more information of the 990 Audit, please contact gshmitz@eckan.org. The complete audit report is posted on the eckan.org website.

Collaborations and Community Resources

- Aetna Insurance
- Allen County Community College
- Anderson Co. Health Department
- Building Blocks Child Care Center
- Burlington Recreation Center
- Capitol Federal Savings Bank of Lawrence
- Centro De Hispano (Douglas Co.)
- Childcare Aware
- Children's Learning Center
- City of Osage
- Cradles to Careers
- Cross Winds Mental Health Center
- Douglas Co. Dental Clinic
- Douglas County Tiny-K
- Dr. Frank/Dr. Campbell - Optometrist
- Elizabeth Layton
- Emporia Childcare III - Childcare Partnership
- Emporia Library
- Emporia State University
- Emporia Zoo "David Traylor"
- Family Preservation
- First Presbyterian Church (Paola)
- Flint Hills Community Health Center
- Flint Hills Technical College
- Foster Grandparents
- Franklin County Early Childhood
- Franklin Co. Health Department
- Franklin/Osage Co. ICC
- Heaven On Earth - Childcare Partnership
- Inter-Agency Coordinating Council
- Iola Dental Clinic
- Just Food
- Kam's Corner - Childcare Partnership
- Kansas Cavity Free Kids
- Kansas Children's Service League
- Kansas Department of Children and Families
- Kansas Head Start Association
- Kansas Medical Assistance
- Kansas Medicare/Kan Care
- Kansas State Health Department
- KDHE Clinical Lab
- Kiwanis
- Lake Mary Tiny-K
- Lawrence Art Center
- Lawrence Fire Dept.
- Lil' Sprouts Playcare - Childcare Partnership
- Lions Club
- Lyon Co. Extension Office
- Lyon Co. ICC
- Maternal & Infant Health
- Miami Co. Extension Office
- Miami Co. Health Department
- Mobilizing Literacy
- My Father's House
- Neosho County Community College
- Osage County Senior Center

Collaborations and Community Resources

- Ottawa Fire Dept.
- Ottawa Library
- Ottawa Police Dept.
- Ottawa Recreation Commission
- Ottawa University
- Paola Library
- Parent as Teachers (all counties served)
- Pediatrics & Associates Lawrence
- Plymouth United Congregational Church – Lawrence
- Ransom Memorial Hospital
- Residential Housing Authority
- Safe Home – Miami Co.
- Sorting Hats Childcare
- SOS, Inc. Lyon Co.
- Special Blessings - Childcare Partnership
- St. Francis
- Success by Six
- Sunflower Insurance
- Sunflower Piece Makers Quilters Guild - Ottawa
- Three Lakes Special Education Cooperative
- Tri-Ko – Miami Co.
- United Health Care
- University of Kansas
- USD #243 Lebo-Waverly
- USD #244 Burlington
- USD #245 Leroy-Gridley
- USD #253 Emporia School District
- USD #287 West Franklin School District
- USD #288 Central Heights
- USD #290 Ottawa
- USD #365 Garnett – Anderson Co.
- USD #367 Osawatomie School District
- USD #368 Paola School District
- USD #420 Osage City
- USD #421 Lyndon
- USD #434 Santa Fe Trail
- USD #454 Burlingame
- USD #456 Marias De Cygne Valley
- USD #497 Lawrence
- Wee Care - Childcare Partnership
- WIC
- YMCA – Miami Co.



THANK YOU FOR ALL YOU DO!!!

Head Start children & families are supported to reach their goals through the hard work and dedication of 80 Head Start employees, many childcare partnership staff, and MANY other agency staff and volunteers throughout the seven counties served in East Central Kansas. We are thankful for and appreciate each and everyone of those individuals.

The Agency Board of Trustees and a Policy Council are required to Govern the program. Those volunteers include:

ECKAN Multi-County Board of Trustees:

- Dave Pracht, Anderson County, Public Sector
- Cody Haddock, Coffey County, Private Sector
- Tim Johnson, Coffey County, Public Sector
- Len Wright, Douglas County, Low-Income Sector
- Roy Dunn, Franklin County, Public Sector
- Kristina Crump, Licensed Attorney, Private Sector
- Susie LeGault, Lyon County, Private Sector
- Donna Darner, Miami County, Low-Income Sector
- Wes Cole, Miami County, Private Sector
- Vicki Brickell, Morris County, Public Sector
- Amber Vogeler, Osage County, Low-Income Sector
- Fred Diver, Osage County, Public Sector
- Stephanie Coleman, Johnson County, Private Sector
- Scott Jones, Head Start Parent Representative

2019-20 Policy Council Representatives:

- Scott Jones, Chairperson & Board Liaison, Ottawa HS Center
- Michael Fraser, Paola Head Start Center
- Angel Anderson, EHS Home-Based
- Julie Lovato, Emporia Head Start Center
- Tabitha Chambers, Garnett Head Start Center
- Abdulrazzag Falah, Lawrence Head Start Center
- Keshia Harris, Emporia Head Start Center
- Kathryn Weidman, Osawatomie Head Start Center
- Sarah Knudsen, Community Representative/HSAC Representative
- Michelle Peak, Osawatomie Head Start Center
- Marlayna Manley, Ottawa Head Start Center
- Kristina Zilkina-Crump, Community (Licensed Attorney)
- Andrea Manes, Community (Early Childhood Expert)
- Vicki Brickell, Board of Trustees Liaison to Policy Council



If we don't stand up for children, then we don't stand for much.
-Marian Wright Edelman